



# What to Bring

Temperatures at camp in the Fall are very unpredictable. Your time with us will be spent mostly outside, so make sure to come prepared. We recommend comfortable outdoor clothing worn in as many layers as necessary to stay warm, and that you don't mind getting wet or dirty. Neither RYLA Staff nor Camp Manito-wish provide any bedding (pillows, sheets, or blankets) or linens.

## **Clothing**

Warm outer wear  
Warm sweaters/sweatshirts/pants  
Raincoat  
Long pants  
Shorts  
Shirts  
Underwear  
Socks  
Gloves and hat  
Sneakers or walking/hiking shoes—not sandals, you will be running around and close toed shoes are required for some activities

## **Bedding and Towels**

Bath towel  
Washcloth  
Pillow  
Top sheet, bottom sheet, and blankets OR Sleeping Bag

## **Other**

Toiletries and personal hygiene supplies  
Sunglasses  
Flashlight (optional)  
Sunscreen, (optional)  
Bug repellent (optional)  
Journal (optional)  
Camera (optional)

**LAYERING:** Layering means wearing numerous items of thinner clothing rather than one heavy item. Layering traps more air, keeping you warmer. Layering also allows you to adapt your clothing to the variety of weather conditions you may experience. Start with thinner, tighter layers near the skin, and move to heavier, looser layers away from the body. Top it off with a windbreaker/outer shell and you have an excellent clothing system.